

Diapering & Diaper Changing Guidelines

- ✓ Diaper changing surface must be smooth, non-absorbent (waterproof), and easily cleanable (no cracks or tears).
- ✓ Diaper changing surface shall be kept free of storage.
- ✓ Clean the diaper changing surface with a mild solution of water and detergent after each use.
- ✓ Label the cleaning solution.
- ✓ Disinfect the diaper changing surface with a solution of 500-800 ppm chlorine or a product registered with the U.S. Environmental Protection Agency as hospital grade germicides or disinfectants or as disinfectants for safe use in schools, child care centers, institutions or restaurants are also approved disinfectants, provided the manufacturer's Material Safety Date Sheets are kept on file at the child care center and the instructions are for use are followed. The sanitizing solution must be in a separate, properly labeled, hand pump spray bottle.
- ✓ A testing method for the disinfectant shall be made available to ensure compliance.
- ✓ To disinfect with chlorine: the cleaned surface shall be left glistening wet and allow it to air dry **or** spray the chlorine solution on the diaper changing surface, wait a minimum of 2 minutes, then dry with a paper towel.
- ✓ Store the cleaning solution and the sanitizer out of reach of the children.
- ✓ Caregivers must use disposable gloves if they have cuts or sores on their hands, or chapped hands. * Hands must be washed after removing the gloves.
- ✓ Caregivers may dispose of feces in diapers in the toilet, but clothes, training pants, or cloth diapers **can not** be rinsed out. Store soiled items in a closed plastic bag and send home daily.
- ✓ Dispose of soiled disposable diapers in a cleanable, plastic lined, covered container and remove to an exterior garbage area at least daily.
- ✓ The children's hands must be washed in the lavatory after each individual diaper change or infants hands may be cleaned using single use, pre-moistened towelettes.
- ✓ Caregivers must wash their hands after each individual diaper change.
- ✓ Instructional signs must be posted showing proper diaper changing and hand washing techniques.